

# DOC + talk

Central Valley Medical Group is focused on helping our patients know and understand their health. Please join us for a FREE lunch and meet Dr. Gopika Gangupantula for three informative discussions on diabetes in a series called Doc Talk.



Dr. Gangupantula, MD, CDE (Certified Diabetes Educator) is a Board Certified Family Physician and Diabetes and Obesity Specialist.

Driven by her passion to educate and empower her patients to maintain healthy lifestyles, Dr. Gangupantula has also received Fellowship training in diabetes to provide the utmost support for each patient.

Modesto has been her home for the past 15 years and currently has her practice, "Valley Diabetes & Obesity" in the community.

Dr. Gangupantula is committed to helping patients maintain a healthy lifestyle through education and diabetes management services for adults.

**Please join us for a FREE LUNCH and informative discussion to learn more about these important topics.**

## Diabetes Pearls topics include:

### Making the Most of Your Diabetes Doctor Visit

Wednesday, September 27th  
12pm - 1pm

RSVP by September 15th.  
**Seating is limited.**

### Current Medications to Control Your Diabetes

Wednesday, October 18th  
12pm - 1pm

RSVP by October 6th.  
**Seating is limited.**

### Common Complications of Diabetes - Foot & Nerve Pain

Wednesday, November 1st  
12pm - 1pm

RSVP by October 20th.  
**Seating is limited.**

Call **(209) 573-7401** (TTY 711) weekdays 8am - 5pm to RSVP and reserve your seat and FREE LUNCH.

**All three lunches will be held at Sutter Health Education Center:**  
1700 McHenry Ave., Suite 60B, Modesto, CA 95350 (in McHenry Village)



1101 Sylvan Avenue, Suite C-103, Modesto, CA 95350